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01332 513299



# CARSINGTON 'SHORT COURSE' DUATHLON 2016

Sunday 2nd October 2016

5k Run | 30k Bike | 5k Run

## Personal Details (Please complete in block capitals)

Name		
Address		
		Postcode
Date of birth	Age (as on 31.12.2016) (minimum age is 15)	Gender M/F
Email	T-shirt size please circle XS S M L XL XXL	
Telephone number	Mobile number	
Emergency contact	Emergency contact mobile	
Known illnesses (if yes provide details)		

## Event Details

Name of Club / Relay Team	
Are you are member of Triathlon England? If yes please state member number	YES NO Affiliation number

### Which event do you wish to enter?

- ☐ Individual Entry - I am a member of Triathlon England **£34**
☐ Junior Entry (15-19) - I am a member of Triathlon England **£17**  
☐ Individual Entry - I am NOT a member of Triathlon England **£39**
☐ Junior Entry (15-19) - I am NOT a member of Triathlon England **£22**  
☐ Relay Team - a team of 2 or 3 complete the event, one for each discipline **£39** (plus £5 each for non affiliated members) details below:

Runner 1 Name	Cyclist Name	Runner 2 Name
BTF No	BTF No	BTF No

## Declaration

I (on behalf of the above team) declare that I/we will abide by the rules of TRIATHLON ENGLAND and accept that PMA Racing and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. All athletes must obey the Highway Code. I have read & agree to abide to the Terms & Conditions of Entry.

Signed	Date
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Please make cheques payable to PMA RACING. Closing date 25th September 2016 or when capacity is reached.  
£5 Late surcharge for entries received after 18th September 2016. Send cheque and completed entry form to:  
Carsington Duathlon, 31 Dean Close, Derby, DE23 4EF.

