



ASHBOURNE POOL TRIATHLON 2019

Sunday 19th May 2019

www.pma-racing.co.uk
07493 045260

400m Pool Swim | 17k Bike | 5k Run

Personal Details (Please complete in block capitals)

Name

Address
Postcode

Date of birth
Age (as on 31.12.2019) (minimum age is 15)
Gender M/F

Email
T-shirt size please circle XS S M L XL XXL

Telephone number
Mobile number

Emergency contact
Emergency contact mobile

Known illnesses (if yes provide details)

Event Details

Name of Club / Relay Team

Are you are member of Triathlon England? YES NO
If yes please state member number

Affiliation number

Estimated swim time for 400M. This is needed to ensure you swim with people of similar ability

Est. swim time

Est. overall time

Which event do you wish to enter?

- Individual Entry - I am a member of Triathlon England **£37**
- Individual Entry - I am NOT a member of Triathlon England **£42**
- Corporate Team - 3 individual entries - each completes full triathlon **£113**
- Relay Team - a team of 2 or 3 complete the event, one for each discipline **£42** (plus £5 each for non affiliated members) details below:
- Junior Entry (15-19) - I am a member of Triathlon England **£19**
- Junior Entry (15-19) - I am NOT a member of Triathlon England **£24**

Swimmer Name

Cyclist Name

Runner Name

BTF No

BTF No

BTF No

Declaration

I (on behalf of the above team) declare that I/we will abide by the rules of TRIATHLON ENGLAND and accept that PMA Racing and their friends and associates are not liable for any loss, damage claim or expense which may arise in consequence of my participation in the event, no matter how caused. All athletes must obey the Highway Code. I have read & agree to abide to the Terms & Conditions of Entry.

Signed

Date

Please make cheques payable to PMA RACING. Closing date 14th May 2019 or when capacity is reached.
£5 Late surcharge for entries received after 6th May 2019. Send cheque and completed entry form to:
Ashbourne Pool Triathlon, 76 Chain Lane, Littleover, Derby. DE23 4DZ.

